

Cleaning Schedule

MONDAY

- ☐ KITCHEN
- ☐ Clean Sink, Stovetop
- ☐ Clean Kitchen Table
- ☐ Wipe Appliances
- ☐ Wipe Fridge
- ☐ Sweep & Mop

TUESDAY

- ☐ LEAVING AREA
- ☐ Clean TV unit
- ☐ Dust Frunitures
- ☐ Declutter
- ☐ Vacuum & Mop
- ☐

WEDNESDAY

- ☐ BEDROOMS
- ☐ Change Sheets
- ☐ Dust Furnitures
- ☐ Declutter
- ☐ Tidy Closets
- ☐ Vacuum & Mop

THURSDAY

- ☐ BATHROOMS
- ☐ Wipe Mirrors
- ☐ Clean Toilet & Bath
- ☐ Vacuum & Mop
- ☐ Stock Toilet Paper
- ☐ Replace Towels

FRIDAY

- ☐ ENTRANCE
- ☐ Change Rugs
- ☐ Sort Shoes/ Coats
- ☐ Disinfect Doornobs
- ☐ Wipe Surfaces
- ☐

SATURDAY

- ☐ GROCERY
- ☐ Clean out Fridge
- ☐ Clear Expired Items
- ☐ Organize Pantry
- ☐ Grocery Shopping
- ☐

SUNDAY

- ☐ MISC
- ☐ Vacuum Car
- ☐ Clean Blinds
- ☐ Clear Hallwats
- ☐
- ☐

DAILY

- ☐ Declutter Living Room
- ☐ Wash Dishes, Clean Sink
- ☐ Sanitize Countertops
- ☐ Vacuum/Mop Floor
- ☐ Load of Laundry
- ☐ Sort Mail
- ☐ Empty Trash

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MONTHLY

- ☐ Wash Kitchen Cabinets
- ☐ Deep clean fridge
- ☐ Disinfect trash cans
- ☐ Clean Laundry Room
- ☐ Clean Below Furnitures
- ☐ Organize Drawers
- ☐ Wash Duvets & Blankets

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QUATERLY

- ☐ Wash Pillows
- ☐ Wipe Windows
- ☐ Dust Hard Surface
- ☐ Deep Clean Freezer
- ☐ Clean & Organize Pantry
- ☐ Dust Fans, Blinds, Frames

JAN MAR APR JUN JUL SEP OCT DEC

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SEMI - ANNUAL

- ☐ Deep Clean - Laundry
- ☐ Deep Clean - Bathrooms
- ☐ Deep Clean - Walls
- ☐ Deep Clean - Living
- ☐ Deep Clean - Bedrooms
- ☐ Deep Clean - Kitchen

JAN JUN JUL DEC

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ANNUALLY

- ☐ Clean Storage Room
- ☐ Deep Clean - Outdoors
- ☐ Deep Clean - Floors
- ☐ Wipe - Light Fixtures
- ☐ Clear Garage
- ☐ Clear Shed

- ☐ Clean Gutters
- ☐ Wash Rugs
- ☐ Sort Kitchen Cabinets
- ☐ Sort Unused Clothes
- ☐
- ☐

CLEANING SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
☐ KITCHEN	☐ LEAVING AREA	☐ BEDROOMS	☐ BATHROOMS	☐ ENTRANCE	☐ GROCERY	☐ MISC
☐ Clean Sink,Stovetop	☐ Clean TV unit	☐ Change Sheets	☐ Wipe Mirrors	☐ Change Rugs	☐ Clean out Fridge	☐ Vacuum Car
☐ Clean Kitchen Table	☐ Dust Frunitures	☐ Dust Furnitures	☐ Clean Toilet & Bath	☐ Sort Shoes/ Coats	☐ Clear Expired Items	☐ Clean Blinds
☐ Wipe Appliances	☐ Declutter	☐ Declutter	☐ Vacuum & Mop	☐ Disinfect Doornobs	☐ Organize Pantry	☐ Clear Hallwats
☐ Wipe Fridge	☐ Vacuum & Mop	☐ Tidy Closets	☐ Stock Toilet Paper	☐ Wipe Surfaces	☐ Grocery Shopping	☐
☐ Sweep & Mop	☐	☐ Vacuum & Mop	☐ Replace Towels	☐	☐	☐

EVERYDAY	M	T	W	T	F	S	S	MONTHLY	J	F	M	A	M	J	J	A	S	O	N	D
☐ Declutter Living Room	☐	☐	☐	☐	☐	☐	☐	☐ Wash Kitchen Cabinets	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
☐ Wash Dishes, Clean Sink	☐	☐	☐	☐	☐	☐	☐	☐ Deep clean fridge	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
☐ Sanitize Countertops	☐	☐	☐	☐	☐	☐	☐	☐ Disinfect trash cans	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
☐ Vacuum/Mop Floor	☐	☐	☐	☐	☐	☐	☐	☐ Clean Laundry Room	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
☐ Load of Laundry	☐	☐	☐	☐	☐	☐	☐	☐ Clean Below Furnitures	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
☐ Sort Mall	☐	☐	☐	☐	☐	☐	☐	☐ Organize Drawers	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
☐ Empty Trash	☐	☐	☐	☐	☐	☐	☐	☐ Wash Duvets & Blankets	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐

QUATERLY	JAN MAR	APR JUN	JUL SEP	OCT DEC	SEMI - ANNUAL	JAN JUN	JUL DEC	ANNUALLY	J	A	S	O	N	D
☐ Wash Pillows	☐	☐	☐	☐	☐ Deep Clean - Laundry	☐	☐	☐ Clean Storage Room	☐ J	☐ Clean Gutters				
☐ Wipe Windows	☐	☐	☐	☐	☐ Deep Clean - Bathrooms	☐	☐	☐ Deep Clean - Outdoors	☐ F	☐ Wash Rugs				
☐ Dust Hard Surface	☐	☐	☐	☐	☐ Deep Clean - Walls	☐	☐	☐ Deep Clean - Floors	☐ M	☐ Sort Kitchen Cabinets				
☐ Deep Clean Freezer	☐	☐	☐	☐	☐ Deep Clean - Living	☐	☐	☐ Wipe - Light Fixtures	☐ A	☐ Sort Unused Clothes				
☐ Clean & Organize Pantry	☐	☐	☐	☐	☐ Deep Clean - Bedrooms	☐	☐	☐ Clear Garage	☐ M	☐ N				
☐ Dust Fans, Blinds, Frames	☐	☐	☐	☐	☐ Deep Clean - Kitchen	☐	☐	☐ Clear Shed	☐ J	☐ D				

CLEANING SCHEDULE

MON	TUE	WED	THU	FRI	SAT	SUN
☐ Change bedsheets	☐ Clean toilet	☐ Disinfect k. sink	☐ Disinfect door knobs	☐ Tidy pantry	☐ Grocery shop	☐ Clear hallways
☐ Dust furniture	☐ Clean bath. sink	☐ Change k. towels	☐ Dust furniture	☐ Grocery inventory	☐ Tidy yard	☐ General declutter
☐ Vacuum couches	☐ Change towels	☐ Clean microwave	☐ Bathroom trashes	☐ Clear expired items	☐ Declutter car	☐
☐ Declutter entry	☐ Change tub/shower	☐ Wipe stove top	☐ Clear hallways	☐ Clean out fridge	☐ Vacuum car	☐
☐ Clear hallways	☐ Clean mirror	☐ Disinfect high touch	☐ Sweep/vacuum all	☐ Clean cupboards	☐ Sweep/vacuum all	☐
☐ Sweep/vacuum all	☐ Sweep/mop ba. floor	☐ Mop kitchen floor	☐	☐	☐	☐

EVERYDAY	M	T	W	T	F	S	S	MONTHLY	J	F	M	A	M	J	J	A	S	O	N	D
MAKE BEDS	☐	☐	☐	☐	☐	☐	☐	Deep clean oven	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
DO A LOAD OF LAUNDRY	☐	☐	☐	☐	☐	☐	☐	Deep clean fridge	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
WIPE/CLEAR COUNTER TOPS	☐	☐	☐	☐	☐	☐	☐	Disinfect trash cans	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
SWEEP KITCHEN FLOOR	☐	☐	☐	☐	☐	☐	☐	Vacuum under couches	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
DO DISHES/CLEAR KITCHEN SINK	☐	☐	☐	☐	☐	☐	☐	Dust fans	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
TIDY LIVING AREA	☐	☐	☐	☐	☐	☐	☐	Clean duvets	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
TAKE OUT TRASH/RECYCLING	☐	☐	☐	☐	☐	☐	☐	Clean windows (inside)	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐

QUATERLY					   				SEMI - ANNUAL				 				ANNUALLY			
Deep cleans binds/curtains	☐	☐	☐	☐	Declutter paper files	☐	☐	J	Wash and flip mattress	☐	J	Power wash walkways	☐							
Wash pillows	☐	☐	☐	☐	Declutter digital files	☐	☐	F	Car maintenance	☐	A	Drain water heater	☐							
Deep clean freezer/defrost	☐	☐	☐	☐	Declutter clothing/wardrobes	☐	☐	M	Shampoo carpets	☐	S	Wax car	☐							
Clean windows (outside)	☐	☐	☐	☐	Deep clean washer/dryer	☐	☐	A	Clean patio furniture	☐	O	Replace fire alarm batt	☐							
Deep cleans blinds/curtains	☐	☐	☐	☐	Steam clean sofas	☐	☐	M	Clean chimney	☐	N	Cleans gutters	☐							
	☐	☐	☐	☐	Vacuum vents	☐	☐	J	Clean out garage	☐	D	Deep clean linen closet	☐							